

WAXING PRE & POST GUIDELINES

PRE-APPOINTMENT

For Brazilians, no excessive exercising the day before or the day after. No excercising the day of. Make sure panties are not too tight and no thongs or skinny jeans.

You can have a brazialian wax during your menstrual cycle as long as a tampon is worn.

Preferably no lotion on the area to be waxed.*

Exfoliate area 24 hrs prior with a salt base scrub.*

Need a mininum of 3 weeks growth from the point of shaving.*^

No tanning 24 hrs prior to appointment.

If using Accutane, Differin or Retin-A within the last 2 months, please call for a consulation.

* (Except face)

^ (Except underarms. Only needs 1 1/2 - 2 weeks worth of growth)

POST-APPOINTMENT

Recommended to wait 24 hrs before tanning.

At least 48 hrs after body wax, to use salt base scrub 2 times a week.

Making You Feel Comfortable with Integrity and Humor! 360.620.0697



www.ElizabethsHouseOfWax.com